

Fairplex CDC Family and Friends Newsletter

February 2011

Holly Kirkland Reynolds
Director of Children's Services
Sarah D'Monte
Newsletter Editor

Director's Corner



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Dear CDC Families,

February is Dental Health Awareness Month! Did you know that dental decay in young children is the most common chronic childhood disease? Early childhood tooth decay occurs five times more often than the next most widespread disease, which is Asthma. (Center for Disease Control, 2000).

Most of us think of tooth decay as the result of eating too much candy or sweets, which you may not think relates to your young child. There are four factors that contribute to tooth decay;

acid producing bacteria, a vulnerable tooth, sweet liquids (which includes milk, juice and formula!) and time - how much time the tooth is in contact with these elements.

We will be offering two sessions of parenting classes that will help you learn more about how you can help your child avoid tooth decay and maintain good oral health. We will also be providing an opportunity for you to have a visual dental screening conducted by a licensed Dentist. So, mark your calendar for Wed. Feb. 2nd and Wed. Feb. 9th for Dental Health Awareness.

Wishing you well,
Holly Reynolds, Director

Upcoming Events for Feb. 2011

- Feb. 10th: PAC Meeting (CDC Library)
- Feb. 21st: Center Closed (President's Day)

Parenting Class Schedule
Feb 2nd—Dental Health Presentation

Feb. 9th:
Dental Health Screening

Feb 16th and Feb. 23rd:
Encouragement Part 1 and 2

Parent Advisory Committee-PAC

PAC Meeting Thursday Feb. 10
5:00-6:00p.m.

Do you have suggestions for fundraisers or events that benefit our school? Would you like to take a leadership role as a team parent? We would like to extend an invitation to our CDC families to join us at our next PAC meeting.

Aside from volunteer opportunities, parents also receive the benefit of obtaining information in regards to children's development.

Sincerely,
LeAnn Paddock
PAC President

Our greatest natural resource is the minds of our children.

We will be closed on Monday Feb. 21st for President's Day



President's Day



Valentine's Day, as many of you know is held on February 14th. Here at the CDC we have Friendship Day which will be on Monday, February 14th. On this day many of our classrooms will be engaging in special activities consisting of heart lacing, cooking activities, and sharing Valentine's Day cards.

As a reminder, please make sure that if your child will be bringing Valentine's Day cards, that you obtain an accurate class count from your classroom teacher. We also encourage you to help your child write his or her name on the cards and leave the outside blank.

That way, everyone will receive a card.

We would also like to remind you to not bring candy treats to school.

We appreciate your help and cooperation in helping our Friendship Day celebration be a fun, safe, and successful day for the children here at CDC!!!



Coming Soon...



Fundraiser

Sell:

March 23rd - March 30th

Delivery on:

April 11th

Chinese New Year is celebrated on Feb. 3rd 2011 is the Year of the Rabbit

Wear red as a symbol of good luck!!!!

National Children's Dental Health Month

Each February, the American Dental Association (ADA) sponsors National Children's Dental Health Month to raise awareness about the importance of oral health.

National Wear Red Day

Friday, February 4, 2011, is National Wear Red Day—a day when Americans nationwide will take women's health to heart by wearing red to show their support for women's heart disease awareness.



Pre-Kindergarten Curriculum "The World of Color"

During the month of February the children will be exploring the World of Color. The children will be talking about the names of colors, color mixing, stains, fading, camouflage, and color patterns. Some of the books the children will be reading throughout this unit will be *Max's Dragon Shirt*, *Dog's Colorful Day*, *The Lion and the Little Red Bird*, *dear Juno*, *Peter's Chair*, and many more.

Some of the themes the children will be learning are that different colors and designs appeal to different people, different substances can cause stains of different colors, paints and dyes are used to color other things and are mixed to make new colors, and many more.

Some of the vocabulary words that the children will become familiar with are **disgusting, faded, permanent, stain, smudge, nectar, and pollen.**

We encourage you to talk with your child about colors and how they relate to everyday activities and things in nature. There will be books from this curriculum placed in the Pre-Kindergarten backpacks for you to take home and enhance learning at home.

Letters of the week for February will be:

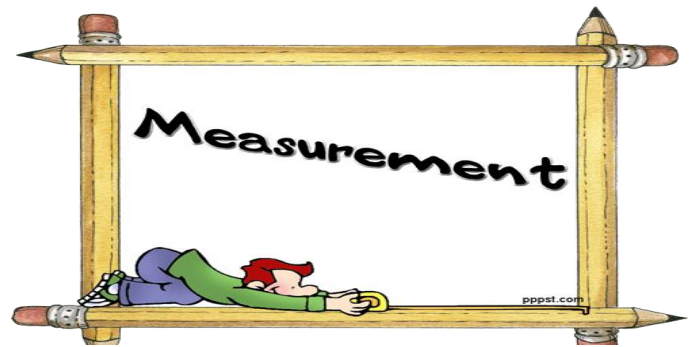
Week of Jan. 31st: Review of I, J, K, L

Week of Feb. 7th: "M"

Week of Feb. 14th: "N"

Week of Feb. 21st: "O"

Week of Feb. 28th: "P"



Pre-K Math Curriculum Measure Up

For *Measure Up!*, the unit goals deal with measurement concepts and skills relates to length, height, weight, capacity, temperature, time, and money.

Some of the goals within these areas are to recognize the needs for a common base line or endpoint to compare heights and lengths (**length/height**), recognize that when two objects have the same weight the pan balance is level (**weight**), compare two containers to tell which hold more, which hold less, or if they hold about the same amount (**capacity**), use the terms *hot* and *cold* to describe relative temperatures (**temperature**), identify and classify activities that occur in the morning, afternoon, or evening (**time**), and identify pennies and nickels by examining their features (**money**). These are just some of the goals that will be covered throughout this unit.

Some of the vocabulary that will be used include about the same height, longer, taller, shorter, heavier, lighter, pan balance, full, empty, holds less, holds more, hot, cold, weather, afternoon, amount of time, evening, second, today, tomorrow, yesterday, cents, nickel, penny, and many, many more.

We encourage you to talk with your child about daily events related to length, height, weight, capacity, temperature, time, and money.



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Pathways to Success, Literacy Corner

Are you looking for a way to encourage your children to brush their teeth? Check out our new books in preschool backpacks. This month is Oral Health Awareness Month and we have added several new books about oral health. Some of the new titles include: *Let's get a checkup!*, *The Night Before the Tooth Fairy*, *I Know Why I Brush My Teeth*, *Just Going To The Dentist*, and *You Think It's Easy Being the Tooth Fairy?* Going to the dentist can be a scary experience for you and your child, but there are some simple things we can do to assist our children with their fears. Children's books can help the children know what to expect, and fear of the unknown is usually worse than reality. Role playing with your child and practicing opening their mouth wide, counting teeth, and brushing in a playful way will also help to make the experience a pleasant one.

To learn more about pediatric dental health come to our parent education classes this month:

- February 2nd 2011 Dr. Ho from Holt Dentistry will be coming to do a presentation on the importance of oral health. She will provide strategies of ways to prepare your child for their dentist visit and discuss healthy habits that promote excellent oral health.
- February 9th 2011 Dr. Ho will be providing on site visual oral health checks for all families in attendance. The oral health check will count towards the requirements for all children entering Kindergarten 2011.

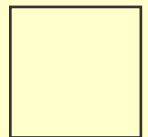
-Heather Arnold

CDC Assistant Director/Project Coordinator

Fairplex Child Development Center

*A unique partnership
with the University of
La Verne*

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*"We cherish children,
support families, build
community among
diversity and pursue
excellence in early
education"*